

Strengthening Families at Your Church to Thrive



A practical way to restore marriages, equip parents, strengthen families and share the message of Christ.

Family relationships in Australia are under pressure like never before.



With the definition of marriage changing in Australia recently, and more and more marriages breaking down, the Australian family no longer looks the same.

Add in growing financial and cost-of-living burdens, social pressures on children and teens, rising mental health conditions including anxiety and depression, and domestic violence – and that's even before a global pandemic devastated so many lives.

"Do you have any advice about not allowing my spouse's stress and negativity to steal my joy and strength? I find myself anxious a lot because of it and I would love to know how to be there for him but not be drained and made insecure. I want to be free of this stress. I'm not sleeping well because of it."

—Anthea*

*Name changed to protect privacy

It's clear that Australian families – families in your church community – need support to thrive.

Your church is much more than four walls. Your church is *your* people.

Comprised of families in all shapes and sizes, many of the challenges facing people in your community are the same as those inside the four walls of your church.

Our heart is to help you cultivate deeper marriages, raise the next generation of Christian children, and help your youth and men's ministries to flourish.

As you help church families grow stronger, more resilient, grace-filled relationships, your church becomes better equipped to reach out to families in your community facing the same life challenges.

You are invited to consider how Focus on the Family Australia can help strengthen families – and your church community – to thrive.

How to Strengthen the Families in Your Church



1 Strengthening Marriages

Through Real Life : Real Love marriage seminars, couples learn to understand the underlying dynamics of their relationship and address what may be undermining their growth personally and as a couple.

Sessions include:

- Healthy communication and conflict
- Filling your spouse's emotional tank
- Strengthening the relationship
- God-honouring marriage

Presentations are filled with humour, biblical truths and practical steps to strengthen the spouses in your church.

"Therefore, what God has joined together, let no one separate." – Mark 10:9



2 Intentional Parenting

Many parents feel concerned, or even helpless, in the face of their children's struggles.

Intentional Parenting sessions help parents relate better to their children. Presented face to face, online or from our video library, topics include:

- Developing a faith that sticks
- The BIG issues – sex, technology, mental health, drugs and alcohol
- Building a healthy relationship with your child
- Parenting different ages and stages

FamilyCast – a free streaming platform – equips parents to raise healthy, resilient children from infancy through to the teenage years.



3 Investing in Youth

Equip your youth pastors and leaders with resources and presentations to help your church's young people thrive!

Sessions include:

- Discovering healthy identity
- Building healthy relationships
- Finding purpose, hope and direction

"I will remember the covenant I made with you in the days of your youth, and I will establish an everlasting covenant with you." – Ezekiel 16:60



4 Empowering Men

Help your men step up to lead with wisdom, strength and grace.

Sessions include:

- Work-life balance
- Secret men's business: pursuing purity in a sexualised culture
- Importance of fatherhood
- Godly leadership in the home

This session can be run as a breakfast event, during your men's conference or for a small group. The latest statistics, presented with a biblical view of manhood, will empower your men to be the leaders and protectors God intended them to be.

Visit familycast.com.au to watch now on your favourite device or stream to your TV... it's free on demand!

A word from CEO Brett Ryan to you.

Thank you for choosing to strengthen marriages and families in your church.

My wife Kate and I love the opportunity to equip and support families. We know the joys and the challenges as we've been married for 32 years. We have three grown sons, three beautiful daughters-in-law, and three grandchildren, and we love spending time with them all!

As a teacher for 25 years, working with gifted children and children with special needs, Kate brings great insights as she helps equip families.

As a Critical Care nurse for 15 years, a Children's Pastor for 12 years and now serving as CEO of Focus on the Family Australia, I'm passionate about helping bring restoration.


I'd like to introduce you to Eric Agyeman, a valued member of our team and a passionate presenter for youth and men's ministry.

From a troubled teenager with four suspensions in high school to winning the African Australian Community award, Eric's story is one that will inspire your young people to maximise their youth!

Today, Eric is a John Maxwell certified coach, youth mentor and speaker. He is the founder of The Royal Hood, a Christian 'rites of passage' program that exists to transform boys to godly men!

Eric's mission is to reach and empower one million young people to discover their true identity and position them for their best possible future.

At Focus on the Family Australia, we're passionate about building God-honouring families and marriages – and we'd love to help you strengthen your church community!



Brett Ryan
CEO



Kate & Brett Ryan



Eric Agyeman

Stronger Families Make a Stronger Church

so let's work together to help your church families thrive!

From restoring marriages and parent-child relationships, to empowering men and young people into leadership, your church family can be supported to grow stronger.

We invite you to consider how Focus on the Family Australia can help strengthen your families – and your entire church and wider community – to thrive.

Visit families.org.au or call 1300 300 361 to talk through how your church family can go from strength to strength.

“

A very big thank you for your contribution to making our ministers' professional development time a success. I have received many very appreciative comments regarding your presentations. It was right on target in terms of what you covered.”

—Ps. Darren Croft (Seventh-day Adventist Church, Vic)



Thank you for your prayerful consideration to partner with Focus on the Family Australia to strengthen Australian families to thrive.

Please feel welcome to reach out at any time if you would like to discuss any aspect of Focus on the Family Australia's ministry and how you can make a difference for the families in your community... and the entire nation.

Please contact us if you have any questions. We'd love to hear from you!

*“No eye has seen, no ear has heard, no heart has imagined,
what God has prepared for those who love Him.”*

– 1 Corinthians 2:9